

## MORE SO IN THE MORNING

### Toast & Spreads (g,v) 6

Sourdough, wholemeal or fruit (+1)  
w Vegemite, peanut butter, honey or Jam

### Dr Marty's Crumpets (v) 8

w butter and Yarra Valley strawberry jam

### Goldilocks (v) 12

Porridge w spiced pear, golden syrup  
and granola crumble. Just right.

### Cereal Killer (v) 8

Ask our staff which cereal  
we pimped out for the day

### Hotcakes (v) 15

3 buttermilk hotcakes w grilled banana,  
maple syrup, berry compote.  
opt. ice-cream + 2

### Croque Monsieur or Madame 12

Ham, cheese toasty w house-made bechamel  
w a small mixed leaf and herb salad  
- Madame (w a fried egg) + 2

### Smash 9.0 (g,v) 16

Smashed avocado, poached egg, tomato salad,  
Victorian fetta, hazelnut dukkah on multigrain toast  
opt. Vegemite + 1

### Holly Eggs (g,v) 16

All variations on the classic Eggs Benedict,  
you choose the base and we'll add dill and chive  
hollandaise.

- Salmon, Shaved Ham OR Spinach

### A Brisk Walk (g,v) 16

A light brekky salad of carrot hummus, mixed quinoa,  
poached egg, avocado and crispy kale

### Corn Fritters (g,v) 18

Crunchy fritters w tomato & capsicum relish,  
feta, chilli salsa and poached eggs.  
opt. bacon + 5

### Spill The Beans 18

Spiced beans, pork sausage, chorizo, bacon,  
poached eggs, herb crumb and crusty bread

### 3 Egg Omelette (g,v) 16

w roast mushrooms, emmental cheese  
and chives on sourdough toast

### Chili Scrambled Eggs (g,v) 17

Scrambled eggs w chili jam, avo smash  
and sourdough toast

### Up And At It (g) 22

Poached eggs, pork & herb sausage, bacon, mushroom,  
tomato, french fries, relish and sourdough toast

### Free Range Eggs (g,v) 10

poached, fried or scrambled (+1) on toast

## SOME ON THE SIDE

smoked salmon / avocado / shoe string fries 5 ea  
baked beans / bacon / chorizo / feta 5 ea  
roasted tomato / mushrooms / spinach /  
hash brown / haloumi 4 ea  
tomato + capsicum relish / egg / hollandaise 2 ea  
spreads / toast slice 1 ea

## A BIT LATER IN THE DAY

### Soup of the Day 11

Check the specials board.

### The Balta 16

Turkish pide, bacon, avocado, lettuce, tomato,  
aioli and fries  
opt. halloumi + 4

### The Kraken 18

Crispy spiced calamari w Asian slaw  
and squid ink aioli

### Walky Talky Hawky Burger 18

Southern style fried chicken breast w cheddar,  
slaw, chipotle mayo & fries

### Ancient Gains 18

Roast chicken, w quinoa, cous cous and mixed leaf  
salad, currants, pomegranate vinaigrette, hazelnut  
dukkah and labna  
opt. vegetarian version served w avocado instead

### Wagyu Beef Burger 19

Wagyu beef patty, cheddar, special sauce, lettuce,  
pickled onions & fries

### Fries (g) 5

shoe-string fries w aioli

## FOR THE SMALLER PEEPS

### Pancake & Ice-Cream 6

### Scrambled Eggs & Bacon 7

### Chicken & Chips 9

g - gluten free option available | v - vegetarian

Please understand that on weekends, public holidays & during busy periods, we cannot make changes to the menu or split bills.

Note: gluten free dishes & options may have traces of gluten present. 10% surcharge applies on public holidays.

# SEVENAM